

## **Brazos Valley Endocrinology, PA**

### **ANNUAL CONCIERGE MEMBERSHIP FEES - COST OF SERVICES**

- \$1,600 per patient if paid as \$400 quarterly by automatic credit card charge.
- \$1,500 per patient (\$100 discount) will be applied if the fee is paid in full, by check or credit card, at the beginning of the contract year.
- \$1,400 per patient (\$200 discount each) when a husband and wife wish to sign up as a family, and pay as \$350 quarterly each, by automatic credit card charge.
- \$1,300 per patient (\$300 discount each) when a husband and wife sign up together if paid at the beginning of the contract year as \$2,600 for both.

This fee will cover all of the services listed below for one year from the day that the contract is signed and payment is received. All of the services and testing listed below are covered with no additional cost to you or your insurance.

1. Four routine 40-minute visits approximately every three months plus two additional acute-care visits each year to be done on Tuesdays, Wednesdays, and Thursdays. At least one of these routine visits will be in the clinic, but other technology such as Facetime and Skype can be utilized for the other three visits. Acute-care visits are setup at 4:20 pm every Tuesday, Wednesday, and Thursday.
2. Ordering an annual extensive blood panel, which includes comprehensive metabolic panel, lipid panel, thyroid function tests, complete blood count, and iron studies for all patients plus total testosterone and prostate specific antigen for men only.
3. Ordering an annual urinalysis.
4. Ordering standard routine blood and urine testing based on diagnoses.
5. In-clinic hemoglobin A1c every three months for patients with diabetes mellitus or any other glucose abnormalities.
6. Download of insulin pumps or glucometers once a month for all patients with diabetes mellitus or any other glucose abnormalities to better evaluate and improve glucose control by allowing for more frequent adjustments of oral hypoglycemic agents and insulin dosing.
7. Personalized exercise and nutritional counseling and assistance with weight loss.
8. Brief nurse visit once a month for weight management program to reweigh and address any current issues to maximize weight loss.
9. Selection of one or more exercise programs (up to \$100 in cost) from Advocare or [www.beachbody.com](http://www.beachbody.com).
10. Prescription and prior authorization facilitation.
11. 24 hours a day, 7 days a week, access to the physician.
12. Physician cell phone number for after-hours calls and texts.
13. Physician personal email for non-urgent communications.
14. Communication via fax with your primary care physician and other specialists regarding your office visits, lab results, and any other services provided.